## **Grantown Grammar School**

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Mrs Claire McGonigal, Headteacher

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Dear Parents/Guardian



## THE HIGHLAND COUNCIL **COMHAIRLE NA GAIDHEALTACHD**

## **PE Kit**

At Grantown Grammar School, we believe every pupil should be given the best opportunity to achieve and progress their learning in every lesson. In order for us to do this we are moving to encourage all pupils to get fully changed for PE classes despite any injury or illness. This is because we feel participation and engagement in PE is fundamental to every child's development, learning and health and wellbeing.

At present, pupils who are injured or ill are asked to assist the teacher in a range of tasks in order to participate as much as possible in the learning of the lesson. In the past, pupils without kit or injured were sitting at the side of a PE class in school uniform and not maximising their learning experiences or potential.

During an average week, PE staff collect in excess of thirty notes excusing pupils from PE for various different reasons. As you can imagine this is very time consuming for staff, pupils and parents/guardians.

For the last two years Grantown Grammar School has had a very successful kit policy where there is an expectation that all pupils will get changed (appropriate change of T-shirt, top, shorts, tracksuit bottoms or leggings for the activity/conditions) for PE. There will be no need for pupils to take in a note or show their teacher a text message. It will be the pupil's responsibility to inform the Teacher of any short term injury but they will still be expected to get changed.

If the pupil is unable to take part in PE for an extended period of time then a doctor's note or communication from home will be expected. When this happens PE staff will endeavor to keep pupils as involved as possible, taking account of illness or injury, so that they can continue their learning alongside their classmates. As they may be involved in a limited capacity they would still be required to bring their kit and get changed in order to accompany their class to both indoor and outdoor venues. Where limited movement is possible it is of course acceptable to bring additional clothing such as a waterproof or tracksuit so that they can keep warm when not being physically active.

If a pupil fails to take in appropriate kit they will be provided with spare kit that is laundered daily. Refusal to use kit provided or any pupil continually forgetting their own kit will be treated with the same procedures for forgotten/inappropriate kit.

Thank you for your support in this matter. If you have any comments or suggestions please contact the school.

Yours faithfully

## **Scott Wilson**

Principal Teacher Physical Education and Outdoor Learning